



Lakedell School

# MAY 2024 NEWSLETTER

Spring may be teasing us, but with May comes warmer weather and exciting activities at Lakedell School!

## **April in Review:**

April flew by in a flurry of learning and fun! We explored resilience with Motivational Magic, celebrated healthy eating with breakfast bakes and delicious wraps, and witnessed a wonderful display of vocabulary during our word-themed Miss Alaineous Vocabulary Day Parade!

## **May: A Month of Math and Mental Health**

This month, we'll focus on both mental well-being and mastering mathematical concepts. May 1st kicks off with "Hats On For Mental Health," a day dedicated to raising awareness. We also have a packed schedule with events like our Volunteer, Community Appreciation and Musical Showcase, ESO/Bowling for K-2, a Trackmeet, an Interest Fair, and a fun-filled Grade 6 trip to the 4-H Centre.

## **Growing Our Lakedell Family**

We're excited to welcome new members to our vibrant school community! If you know anyone interested in public education that isn't sure of enrolling, or families with local kindergarten-aged children, please encourage them to contact us. We offer tours and are happy to answer any questions about our curriculum and programs. The Pigeon Lake Pre-School also provides top-notch opportunities for local Pre-School children.

For returning students, to help us plan effectively for the upcoming school year (September), we kindly request that you complete the re-enrollment process online if possible. This information is crucial for determining class sizes and staffing needs.

## **Stay Connected!**

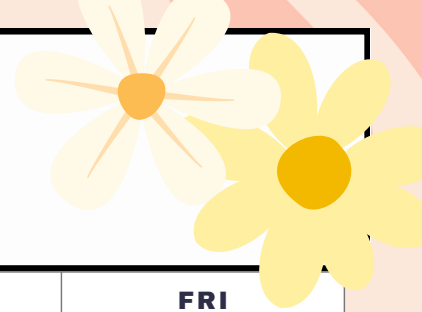
For any questions, concerns, or feedback, please feel free to contact me directly at (780)586-2415 or [stacey.fiveland@wrps11.ca](mailto:stacey.fiveland@wrps11.ca).

We look forward to a fantastic May at Lakedell School!

Mrs. Fiveland  
Principal, Lakedell School



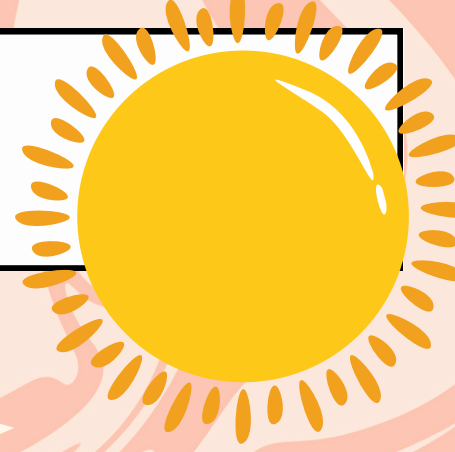
# MAY 2024



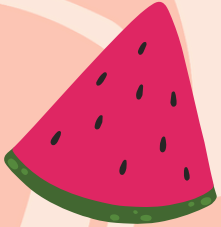
MON	TUE	WED	THU	FRI
		<b>1</b> Hats on for Mental Health GLOW	<b>2</b> <b>K</b> No Secrets & IRespect	<b>3</b> <b>K</b> Volunteer Appreciation & Musical Showcase
<b>6</b>	<b>7</b> <b>K</b>	<b>8</b> GLOW	<b>9</b> <b>K</b>	<b>10</b> <b>K</b> K-2 ESO & Bowling
<b>13</b> 4 Gr. 5/6 students and Mrs. Fiveland @ WRPS Youth Forum	<b>14</b> <b>K</b> Parent Council Meeting 4:00 PM	<b>15</b> Gr 6 ELA Part 1 PAT Field Test GLOW	<b>16</b> <b>PLC DAY</b> <b>No school for students</b>	<b>17</b> <b>School Closed</b>
<b>20</b> <b>School Closed</b> <b>Victoria Day</b>	<b>21</b> <b>K</b>	<b>22</b> CREST Track Meet Hosted by Falun GLOW	<b>23</b> <b>K</b>	<b>24</b> <b>K</b> Interest Fair
<b>27</b>	<b>28</b> <b>K</b> K/1/2 Dental	<b>29</b> Gr 6 to 4H Centre - pick up 9:15 GLOW	<b>30</b> <b>K</b> Hot Lunch Gr 6 back from 4H Centre 2:45pm	<b>31</b> <b>K</b> Rain out day for CREST Track Meet



# JUNE 2024



Here's a s Sneak Peek  
into what's  
coming up in June!



MON	TUE	WED	THU	FRI
<b>3</b> Indigenouss Day Activities @ PLRS	<b>4 K</b> Gr 6 Math pt 1 PAT Field Test	<b>5</b> Gr 6 Math pt 2 PAT Field Test  GLOW	<b>6 K</b> Gr K-2 Zoo Field trip  Gr 6 AHS Vaccinations	<b>7</b>  <b>PLC Day No School for Students</b>
<b>10</b> Gr 6 Social This one counts! PAT	<b>11 K</b> Gr 3-6 Gull Lake Field Trip	<b>12</b> Gr 6 ELA Pt B PAT. Field Test  GLOW	<b>13 K</b>  <b>Last Day of Classes</b>  Year end BBQ and Awards	<b>14</b>  <b>No School for Students</b>

# Happy Summer



**\*\*See you all back on Sept 3rd \*\***  
**Please re-register.**



YOU ARE INVITED  
TO  
**Lakedell School's**  
**VOLUNTEER APPRECIATION &**  
**MUSICAL SHOWCASE**  
**MAY 3RD, 2024**  
**2:00 P.M.**

Our students and staff invite you to join us in a celebration of volunteers and community members, while showcasing the growth in musical knowledge of our Lakedell Students. RSVP if you are able ([vivian.smith@wrps11.ca](mailto:vivian.smith@wrps11.ca)), otherwise, even last minute, we will be happy to see you on the day!

# Re Enrollment for 2024 -2025

Please remember to do your Student  
Reenrollments for  
2024-25 School year  
in PowerSchool under  
SchoolEngage.

This information is critical for determining class  
sizes and staffing

**Please attend the  
Parent Council  
Meeting  
Tuesday, May 14  
at 4:00 PM  
Babysitting is  
Provided**

## CREST Track Meet

**May 22, 2024**

**Hosted by Falun School**

Grade 1-6 Students from Falun, Lakedell and  
Pipestone Schools

**Please be sure you have signed the permission form and  
the Lunch Order form (lunch orders are due no later than May 13th)  
on PowerSchool**

**See the next page for  
Tentative Schedule of Events**

**RAIN OUT DAY  
May 31, 2024**

# CREST Track Meet Schedule

Schedule is  
Tentative  
and subject  
to change

	Gr.1 Boys	Gr.1 Girls	Gr. 2 Boys	Gr. 2 Girls	Gr. 3 Boys	Gr. 3 Girls	Gr. 4 Boys	Gr. 4 Girls	Gr. 5 Boys	Gr.5 Girls	Gr. 6 Boys	Gr. 6 Girls
9:30-10	50m	50m	50m	50m	50m	50m	75m	75m	75m	75m	75m	75m
Pit	Track	Track	Track	Track	Track	Track	Track	Track	Track	Track	Track	Track
10-10:30	75m	75m	75m	75m	75m	75m	100m	100m	100m	100m	100m	100m
Pit	Track	Track	Track	Track	Track	Track	Track	Track	Track	Track	Track	Track
10:30-11	RLJ	RLJ	Wellness	Wellness	SBJ	SBJ	IG	IG	Gaga	Gaga	Ball Throw	Ball Throw
Pit									1	2		
11 - 11:30	Lunch	Lunch	Lunch	Lunch	Wellness	Wellness	Ball Throw	Ball Throw	IG	IG	Gaga	Gaga
Pit	PG	PG	PG	PG							1	2
11:30 - 12	Gaga	Gaga	RLJ	RLJ	Lunch	Lunch	Lunch	Lunch	Ball Throw	Ball Throw	IG	IG
Pit	1	2			PG	PG	PG	PG				
12 - 12:30	Ball Throw	Ball Throw	Gaga	Gaga	RLJ	RLJ	Wellness	Wellness	Lunch	Lunch	Lunch	Lunch
Pit			1	2					PG	PG	PG	PG
12:30 - 1	IG	IG	Ball Throw	Ball Throw	Gaga	Gaga	RLJ	RLJ	Wellness	Wellness	High Jump	High Jump
Pit					1	2						
1 - 1:30	SBJ	SBJ	IG	IG	Ball Throw	Ball Throw	High Jump	High Jump	RLJ	RLJ	Wellness	Wellness
Pit												
1:30 - 2	Wellness	Wellness	SBJ	SBJ	IG	IG	Gaga	Gaga	High Jump	High Jump	RLJ	RLJ
Pit							1	2				
2:00	All students to watch 4x100 relays						4 X 100	4 X 100	4 X 100	4 X100	4 X 100	4 X 100
	Track	Track	Track	Track	Track	Track	Track	Track	Track	Track	Track	Track
PG = Playground		RLJ=Running Long Jump			SBJ=Standing Broad Jump			IG=Indigenous games				

## \* Is Your Child Being Rude? \*

When your child acts unkindly towards you, use empathy and open dialogue instead of resorting to discipline or frustration.



### Here's a constructive way to handle it:

#### Open the Conversation Gently:

When your child acts out, calmly ask what's wrong and reassure them you're there to help, not to scold, showing openness to their feelings and perspectives.

"It seems like something is bothering you. Would you like to talk about it? Whatever it is, we can figure it out together."

#### Acknowledge Their Emotions:

Validate their feelings by sharing that it's normal for everyone to feel upset or unhappy at times. This normalization can relieve their stress or guilt about their actions.

"It's completely normal to feel upset or angry sometimes. Everyone feels that way at some point. What's important is that we talk about it."

#### Practice Emotional Vocabulary:

Help them articulate their feelings. For example, "It sounds like you're really frustrated. Is that right?" This helps them learn to identify and express emotions constructively.

"Can you tell me what you're feeling right now? Are you sad, angry, or maybe frustrated? It's okay to have these feelings."

#### Focus on Emotional Growth:

Use these moments to teach emotional intelligence. Explain how recognizing and discussing feelings can help us manage our behavior.

"When we talk about how we're feeling, it helps us understand ourselves better. It's a good way to figure out what to do next time we feel this way. What do you think we can do differently next time?"

**When you calmly address your child's unkind behavior, you build their emotional intelligence by bringing awareness to their feelings. This helps them learn how to handle similar situations differently in the future.**

*Free group*

SNACKS PROVIDED

AGES 6-12

# LAKEDELL GLOW

**3:45PM-5:15PM**

Let's Add GLOW Programs Here if we could?

**NEW ACTIVITIES EACH  
WEEK.**

**CRAFTS, BOARD GAMES,  
OUTDOOR PLAY**

**@ 462006 RANGE RD 12**

**LAKEDELL SCHOOL**

**WEDNESDAY**

**APRIL 3, 10, 17, 24**

**MAY 1, 8, 15, 22, 29**

**JUNE 5, 12**

**CALL OR TEXT LEAH AT 780-360-4124  
LEAH.HNATIUK@MCMANCENTRAL.CA**

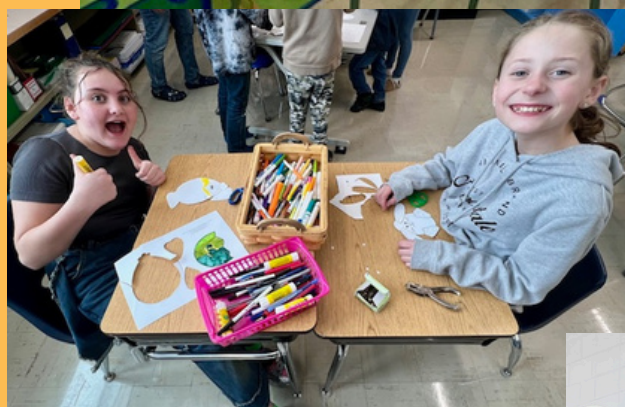
*Alberta*

*Provincial Family  
Resource Networks*





# SPRING CARNIVAL



# Motivational Magic

